

FIRST SUNDAY OF LENT, FEBRUARY 18, 2024

ST. ISIDORE R. C. CHURCH

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OUR NEW WEBSITE: www.stisidoreriverhead.org

REV. KRZYSZTOF DRYBKA, OSPPE, PASTOR
REV. MIKOLAJ "NICHOLAS" SOCHA, OSPPE, ASSOC.
DEACON MICHAEL A. BONOCORE

REINA BONOCORE, OFFICE
DIANNE MASSIELLO, SPIRITUAL
AND SOCIAL MINISTRIES

SACRAMENT OF BAPTISM

SECOND & FOURTH
SUNDAYS
1:15 PM ENG
2:15 POLISH

Please arrange the date
of baptism through the
Rectory office after
the birth of your child.

SACRAMENT OF MARRIAGE

Please call the Rectory
for an appointment at
least six months prior
to the desired date.

SACRAMENT OF RECONCILIATION

SATURDAYS
4:00 to 4:45 PM
and
THURSDAYS BEFORE
FIRST FRIDAYS
4:00 to 5:00 PM

Other times by
appointment.

FIRST SUNDAY OF
LENT

LITURGY OF THE EUCHARIST

WEEKDAYS
7:00 AM
SATURDAYS
8:00 AM
SATURDAY
EVENINGS
VIGIL MASS 5:00 PM
SUNDAYS
8:00 & 9:15 AM
10:30 AM (Polish)
12:00 Noon

RECTORY HOURS

WEEKDAYS
9 AM to 12 Noon
& 1 PM to 4 PM

EUCCHARISTIC ADORATION
TUES. 12 to 2 PM

MILLIONS OF MONICAS
TUES. 2 to 3 PM

**PL PRAYER GROUP
W/ ADORATION**
2ND THURSDAYS 7 PM

LAY CARMELITE CHAPTER
1ST SAT. AFTER
8 AM MASS

Our Mission Statement

*Lord, God, all creation is yours, and you call us to serve you by caring for the gifts that surround us. May the example of St. Isidore urge us to share our food with the hungry and to work for the salvation of mankind. We ask this through our Lord, Jesus Christ, your son, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.
Saint Isidore, Pray for Us.*

ST. JOHN PAUL II REGIONAL SCHOOL

631-727-1650
sjp2regional.org

Mrs. Abby Swiatkowski, Principal

RELIGIOUS EDUCATION

631-727-2114
stisidorefaithformation@gmail.com

Mrs. Adrienne Dillingham

MUSIC MINISTRY

631-727-2114

John Dautzenberg

FIRST SUNDAY OF LENT, FEBRUARY 18, 2024

MASS INTENTIONS

SATURDAY, FEBRUARY 17, 2024

5:00 pm The People of the Parish Living & Deceased
+ Joseph LaPurka
+ Lourdes Alcala (A)
God's Blessings for Wacława Polak & Family
+ Stasia Grabowski / + Helen Strebel (A)
Birthday blessings for Mirosława Makurat

1ST SUNDAY OF LENT, FEBRUARY 18, 2024

8:00 am + Sophie and Joe Czulada
9:15am + Stanley and Stella Starsiak
10:30 am + Ziggy Wilinski & Jadwiga & Julian Bondarowicz
+ Albin Baldowski & Family
God's Blessings for Radałowski Family
+ Stasia Grabowski
Genute Chiurliene
12 Noon +Albert Sanner

MONDAY, FEBRUARY 19, 2024

7:00 am In Thanksgiving to Our Blessed Mother Mary
+ Alexander & Frances Zultoski and June Chute

TUESDAY, FEBRUARY 20, 2024

7:00 am God's Blessings for Sandy Bertolotti

WEDNESDAY, FEBRUARY 21, 2024

7:00 am Intentions of the Lukasz Family

THURSDAY, FEBRUARY 22, 2024

7:00 am Birthday Blessings for Paula George

FRIDAY, FEBRUARY 23, 2024

7:00 am God's Blessings for Sobilo Family

SATURDAY, FEBRUARY 24, 2024

8:00 am + Leonardo and Janina Korneluk
5:00 pm + Bertha Stepnoski (A)
+ Stanley and Mary Sydlowski
+ Lina Guardino and Gary Antonietti
+ Souls in Purgatory
+ Jean Reyes Carroll
+ Chester Sr. and Sophie Tyska
God's Blessings for Roberta Morrissey

2ND SUNDAY OF LENT, FEBRUARY 25, 2024

8:00 am + Chester Friszolowski and Jean Tuthill
9:15am God's Blessings for Adrienne Dillingham
10:30 am The People of the Parish, Living and Deceased
+ Antoni Karwowski
+ Wiesław Luniewski
God's Blessings for the Rafałowski Family
+ Jerzy (13th A), Irene, Margaret and Zbigniew
Aleksandrowicz and Family
12 Noon + Darla Kujawski

IN LOVING MEMORY

Bread and Wine
Carmelo Gutierrez Garcia

THE WEEK AHEAD

Today, Sunday, February 18, 2024

Gorzkie Zale After 10:30 Mass

Tuesday, February 20, 2024

Adoration 12 to 2 PM
Millions of Monicas 2 to 3PM

Friday, February 23, 2024

Stations of the Cross
English 6:00pm / Polish 7:00 pm

READINGS FOR THE WEEK

Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 (see 10)/1 Pt 3:18-22/Mk 1:12-15

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32

Thursday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6/Mt 16:13-19

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 (116:9)/ Rom 8:31b-34/Mk 9:2-10



MAY 7, 2024

Join us as we visit the
**CULINARY INSTITUTE
OF AMERICA**

and be treated with a 3 course luncheon
followed by a 2 hour Hudson River Cruise.

Private bus.

Cost \$235 p/p

Payment due in full by March 10, 2024

PRAY FOR OUR SICK

Richard Francis Harrison II * Ursula Mocnick * Maureen Booth * Joan Zaleski * Catherine and Charles J. Sehy * Madeline Galka * Stanislaw Andrychowski * Grazyna Pawlak * Gillen Family * Christina Donovan * Blythe Fick-enwirth * Irene Monahan * Jody Breitfeller * Benjamin Gonzalez * Dominique Tirado * Diana Perniciaro * Sam-my * Brodie * Bob Rozanski * Dolline Welch * Joe and William Hiskey * Sue Brooks * Cathleen Mickaliger * Joseph Stepnoski * James Kenna * Douglas Clark * Elea-nor Nystrom * Margaret McCarthy * Jan Suchta * Justin * Mike Smithwick * Dakota Harmon * Courtney Altman * Cole Faller * Claire Latour * Halikias Family * Liana Forstein * Rosemary & Daniel Ambrosini * Thomas Ry-all * Anne Marie Donlon * Dorothy Sousa * Anthony Naglieri * Thomas McEnany * Mary Khulman * Denise Babinski * Michael Alpert * Roseanne Murphy * Barba-ra Kozlowski * James West * Elizabeth Farruggia * Kelly Wine * Mary Van Duesen * Thomas DeGirolamo * William Berenger * Daria Quarlena * Eileen Borchart * Sheila Nolan * Tom Wisniewski III * Jean Reyes Carroll * Jeffrey Clark * James, George and Barbara Jaeger * Ernest and Alex Aponte * Helen Long * Michael Miglionico * Ralph Conforti * The Barauskus Family * Hope & Brittany Williams * John Marion * Emilia An-drychowski * Augie & Georgianna Lucente * Johanna Benthall * Michelle Giaccone * Gloria Keller * Howard Seifert * Ed Kennedy * Kit Z. * Dolores Contino * Ag-nes Brown * Connie Giordano * Krzysztof Olszowski * Anders Ryden * Kevin C. Cook * Anita Costi * Doriane Bay * David Vallone * Brittany Schacor * Karen and Kim Finocchiaro * Eleanor Koller * Grace Mary Schulteis * Victor Sechyshyn * George Angle * Marta Andreotta * Melissa Alexandra * Christian Vidal * Su-zanne Thompson * Anna Greffe * Anthony Mannino * Marcella Frisen * The Huntley Family * Theresa Puglia * Brian Darmody * Leigh Anne Brown * Dan Modjeska * Judy Zakorski * Marie Miley * Marcjanna Stolarzewicz * John Shuot * Patrick Murphy * Brian Crowley * Louise Pampinello * Barbara Fenn

Please keep all those serving in the military and their families in your thoughts and prayers especially:

1st Lt. Nicholas Santorelli, Nicholas Pelosi, Christopher Drowns, Jeffrey Heppner, James Fleming, Brendan Fitzgerald, Thomas V. D'Auria, Mateusz Marzec, Andre DeRosa and Garrett Bracht

COLLECTIONS

Today, February 18th: Sunday and Debt Reduction

Next Week, February 25th: Sunday and Debt Reduction

Thank you for your generosity!

	<u>2023</u>	<u>2024</u>
January	\$ 27,130	\$ 22,356



Christ in our Hearts Saints Lenten Reflections

Sunday, Feb. 18—"May the power of God preserve us, may the hand of God protect us, may the way of God direct us, may the shield of God defend us against the snares of evil and the temptations of the world." ~St. Patrick

Feb. 19—"Jesus, may my heart always hunger and feed on you, my soul thirst for you. May I always seek and find you, think about you, speak to you and do every-thing for your honor and glory." ~St. Bonaventure

Feb. 20—"I believe, Lord, but let me believe more firm-ly. I hope, Lord, but let me hope more surely. I love, Lord, but let me love more warmly. I repent, Lord, but let me repent more deeply." ~St. Anthony Claret

Feb. 21—"When I wander from you, Jesus, my life be-comes a burden and I find nothing in me but darkness, fear and anxiety. So I come back to you and confess that I have sinned. Forgive me, Lord."

~St. Aelred of Rievaulx

Feb. 22—"Gracious and holy God, give us wisdom to perceive you, intelligence to understand you, diligence to seek you, patience to wait for you, eyes to behold you, a heart to meditate on you, and a life to proclaim you."

~St. Benedict

Feb. 23—"Holy Spirit, fire of love, come rest over me and make my tongue ready to confess my sins, that in revealing everything and concealing nothing, I may at-tain heavenly life." ~St. Anthony of Padua

Feb. 24—"Lord, you have given us your word, as a light to shine on our path. Inspire us to meditate on that word, and follow its teaching, so that we may find in it the light that shines more and more until it is perfect."

~St. Jerome

NEW TIMES DURING LENT:

Adoration:

Tuesdays **12 to 2 PM**

Millions of Monicas:

Tuesdays **2 to 3 PM**

Gorzkie Zale:

Following the 10:30 AM Polish Mass

STATIONS OF THE CROSS

Fridays in English at 6 PM
Fridays In Polish at 7 PM



Lenten Discipline



This Lenten Calendar is to help you make a profitable forty-day period of prayer, penance, and spiritual exercises in preparation for the proper celebration of Easter. The Lenten discipline consists of three separate parts:

Corporal or External Fast, including the abstinence from certain foods, drinks, and amusements, i.e. music, and parties during Lent. These points of fast should be stressed today especially with the mania of entertainment besetting our society.

Spiritual or Internal fast which consists of abstinence from “all evil”—sin. Saint John Chrysostom taught that the “value of fasting consists not so much in abstinence from food but rather in withdrawal from sinful practices.” Saint Basil the Great explains “Turning away from all wickedness means keeping our tongue in check, restraining our anger, suppressing evil desires, and avoiding all gossip, lying and swearing. To abstain from these things—herein lies the true value of fast!”

Spiritual Change achieved by the practice of virtues and good works must be the main objective of our fasting. The Fathers of the Church insisted that during Lent the faithful attend the Lenten church services and daily Mass.

In the course of the centuries, our fasting discipline has undergone numerous and radical changes. Today, unfortunately, the observance of Lent is but mere formalism, reduced to abstinence on certain days and without any stress on one’s spiritual growth or the amending of one’s life style. It is urgent that we return to the pristine spirit of the Great Fast which is so badly needed in our materialistic world.

CORPORAL or EXTERNAL PRACTICES

(Choose one or more each day as you journey throughout Lent)

Take less of what you like and more of what you dislike at meals today.

Take nothing to drink between meals.

Do not use seasoning on your food today.

Do not use any sweeteners with your food or drinks today.

Avoid listening to the radio at all today.

Take nothing to eat between meals today.

Avoid any T.V. or videos; instead read the Passion of Christ in your Bible or missal.

Take only one helping of each item at meals today.

Say an extra Rosary.

SPIRITUAL OR INTERNAL FAST

Don’t do any unnecessary talking; instead, say little ejaculations throughout the day.

Exercise your patience today in all things.

Don’t make any complaints today.

Restrain any anger, and go out of your way to be kind to the person who caused your anger.

Don’t be distracted with someone else’s business.

Avoid any gossip today; instead, say an extra Rosary to overcome this great fault.

When asked to do something extra, do so with a joyful and pleasant attitude today.

Speak in a pleasant tone to everyone today.

Avoid using the phone today.

Tell the truth in all your dealings today.

Avoid any vanity or self-seeking today.

SPIRITUAL PRACTICES (*virtues & good works*)

Practice humility today in all your actions.

Be generous today; help someone in need.

Look for ways to be helpful throughout the day.

Do a job that needs to be done without being asked.

Be courageous; walk away from any impure situations today.

Don’t be idle at all today. Always be doing something for others or for your spiritual growth.

Go out of your way today to help or talk to someone who is usually difficult.

Volunteer for an extra job today.

Say an extra Rosary today for the conversion of sinners.

Visit someone who is sick or lonesome today. Offer to say the Rosary with them.



“40” Day Lenten “Fasting” Suggestions

There are actually 46 days in Lent.
Sundays are not counted in the “40-days” of Lent

- 5) **Mon - Feb. 19 – LOVE YOUR NEIGHBOR AS YOURSELF**
How might you be more loving to others today? (Leviticus 19:18)
- 6) **Tues - Feb. 20 – JESUS’ PRAYER**
Take time to pray the Our Father and let it become your own prayer to God. (Matthew 6:9-13)
- 7) **Wed - Feb. 21 – HAVE MERCY O GOD**
How might you make reconciliation with someone today?
(Psalm 51:3-4)
- 8) **Thurs - Feb. 22 – GIVE GOOD THINGS**
How might you imitate God’s great generosity and give to others? (Matthew 16:13-19)
- 9) **Fri - Feb. 23 – FAST FROM ANGER (abstain from meat ages 14 and older)**
Pray for someone with whom you are angry and let our anger go (Matthew 5:23-24)
- 10) **Sat – Feb. 24 – LOVE YOUR ENEMIES**
How might you respond to Jesus’ call to greater love for others? (Matthew 5:43-45)



Lenten Day of Prayer

"Lifting Ourselves Up in Prayer"

Sunday
March 10, 2024



9:30 am
to
3:30 pm



Rev. Patrick J. Griffin, CM
Executive Director
Vincentine Center for Church & Society
St. John's University

✧ Schedule ✧

9:30 am	Registration
10:00 am	Presentation I
10:45 am	Break
11:00 am	Presentation II
Noon	Lunch, Confession
2:00 pm	Presentation III
2:45 pm	Mass

Reflections ✧ Lunch ✧ Confession ✧ Mass

Sponsored by *Friends of the Seminary*

\$60 per Guest

\$50 Member of Friends



Reply by March 4, 2024 ♦ \$60.00 per Guest ♦ Member of Friends

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