

FOURTH SUNDAY OF LENT, MARCH 10, 2024

ST. ISIDORE R. C. CHURCH

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RIVERHEAD, NY 11901-3038
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EMAIL: sisidore@optonline.net
OUR NEW WEBSITE: www.stisidoreriverhead.org

REV. KRZYSZTOF DRYBKA, OSPPE, PASTOR
REV. MIKOLAJ "NICHOLAS" SOCHA, OSPPE, ASSOC.
DEACON MICHAEL A. BONOCORE

REINA BONOCORE, OFFICE
DIANNE MASSIELLO, SPIRITUAL
AND SOCIAL MINISTRIES

SACRAMENT OF BAPTISM

SECOND & FOURTH SUNDAYS
1:15 PM ENG
2:15 POLISH

Please arrange the date of baptism through the Rectory office after the birth of your child.

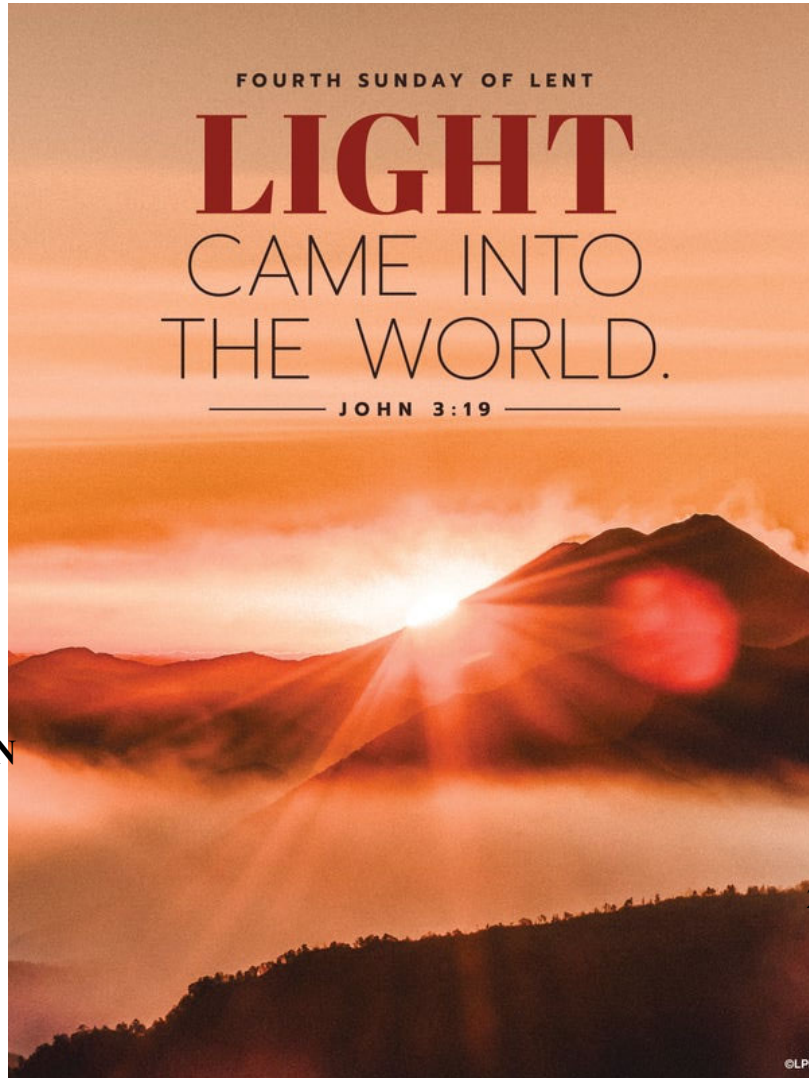
SACRAMENT OF MARRIAGE

Please call the Rectory for an appointment at least six months prior to the desired date.

SACRAMENT OF RECONCILIATION

SATURDAYS
4:00 to 4:45 PM
and
THURSDAYS BEFORE
FIRST FRIDAYS
4:00 to 5:00 PM

Other times by appointment.



LITURGY OF THE EUCHARIST

WEEKDAYS
7:00 AM
SATURDAYS
8:00 AM
SATURDAY
EVENINGS
VIGIL MASS 5:00 PM
SUNDAYS
8:00 & 9:15 AM
10:30 AM (Polish)
12:00 Noon

RECTORY HOURS

WEEKDAYS
9 AM to 12 Noon
& 1 PM to 4 PM

EUCHARISTIC
ADORATION
TUES. 12 to 2 PM

MILLIONS
OF MONICAS
TUES. 2 to 3 PM

PL PRAYER GROUP
W/ ADORATION
2ND THURSDAYS 7 PM

LAY CARMELITE
CHAPTER
1ST SAT. AFTER
8 AM MASS

Our Mission Statement

*Lord, God, all creation is yours, and you call us to serve you by caring for the gifts that surround us. May the example of St. Isidore urge us to share our food with the hungry and to work for the salvation of mankind. We ask this through our Lord, Jesus Christ, your son, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.
Saint Isidore, Pray for Us.*

ST. JOHN PAUL II REGIONAL SCHOOL

631-727-1650
sjp2regional.org

Mrs. Abby Swiatkowski, Principal

RELIGIOUS EDUCATION

631-727-2114
stisidorefaithformation@gmail.com

Mrs. Adrienne Dillingham

MUSIC MINISTRY

631-727-2114

John Dautzenberg

FOURTH SUNDAY OF LENT, MARCH 10, 2024

MASS INTENTIONS

SATURDAY, MARCH 9, 2024

- 5:00 pm + Ziggy Winlinski (3rd A)
+ Joseph Szot, Sr.
+ Benjamin R. Densieski (A)
+ Mary Angelina Slovensky-Boyle
+ Carmelo Gutierrez Garcia

4TH SUNDAY OF LENT, MARCH 10, 2024

- 8:00 am + Sophie A. and Clarence Anderson
9:15am + Carolyn Merendino
10:30 am The People of the Parish Living & Deceased
(PL) + Wieslaw Luniewski
+ Stasia Grabowski
+ Monika Baldowska and Family
+ Jerzy, Irene, Margaret & Zbigniew (3rd A)
Aleksandrowicz and Family
+ Helena i Boleslawa Grabowskich
Birthday blessings for Mieczyslaw Wasilewski
12 Noon + Peter Kruszon

MONDAY, MARCH 11, 2024

- 7:00 am + Gerald St. Onge

TUESDAY, MARCH 12, 2024

- 7:00 am + Franciszek, Mieczyslaw i Jozef Olechowski

WEDNESDAY, MARCH 13, 2024

- 7:00 am God's Blessings for Malgorzata Steciuk
Dobry Wybor Drogi Zyciowej dla Dominika

THURSDAY, MARCH 14, 2024

- 7:00 am God's Blessings for Bozena Krajewska
Blessings and healing for Geogre Janis

FRIDAY, MARCH 15, 2024

- 7:00 am + Edward (14th A) / + Lawrence Taylor

SATURDAY, MARCH 16, 2024

- 8:00 am + Jozef Pierczykowski
Intentions of the De Marco & Goodale Families
Blessings and health for Jane Bayne
5:00 pm The People of the Parish Living and Deceased
+ Janet, Dillon & Steven Perry
+ Joe McWeeney
+ Zofia Czaplak

5TH SUNDAY OF LENT, MARCH 17, 2024

- 8:00 am + Stasia Grabowski
9:15am + Marian Drozd-Denyse
10:30 am + Irena Szlejter & Dec'd Members of the
Andrychowski Family
(PL) + Tadeusz Cichy / + Stasia Grabowski
+ Stefania & Jozef Zaniewski
+ John & Mary Zmyslony
+ Urzula, Jozefa i Feliksa Sawickich
12 Noon + Helen & Timothy O'Donnell

IN LOVING MEMORY

Missalettes

Walter L. Kielkowski
Michael J. Kielkowski

THE WEEK AHEAD

Sunday, March 10, 2024

Gorzkie Zale After 10:30 Mass

Monday, March 11, 2024

Retreat English 12 Noon & 6:00 PM
Polish 1:00 PM & 7:00 PM

Tuesday, March 12, 2024

No Adoration / Millions of Monicas 2 to 3 PM
Retreat English 12 Noon & 6:00 PM
Polish 1:00 pm & 7:00 PM

Thursday, March 14, 2024

Polish Prayer Group 7:00 PM

Friday, March 15, 2024

Reparation 4AM

Stations of the Cross English 6:00pm / Polish 7:00

READINGS FOR THE WEEK

Sunday: 2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6
(6ab)/Eph 2:4-10/Jn 3:14-21

Monday: Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and
13b/Jn 4:43-54

Tuesday: Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/Jn 5:1-16

Wednesday: Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18/Jn
5:17-30

Thursday: Ex 32:7-14/Ps 106:19-20, 21-22, 23/Jn 5:31
-47

Friday: Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23/
Jn 7:1-2, 10, 25-30

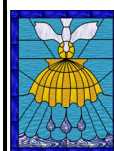
Saturday: Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12/Jn 7:40-
53

Next Sunday: Jer 31:31-34/Ps 51:3-4, 12-13, 14-15
(12a)/Heb 5:7-9/Jn 12:20-33



PRAY FOR OUR DECEASED

Ruth Harris



BAPTISMS

We welcome:

Amelia Grace Blackmore
Luka Szumczyk

PRAY FOR OUR SICK

Christina Donovan * John & Candida Giordano * Harry Koehler * George Janis * Kathy D'Eletto * Maureen Booth * Richard Francis Harrison II * Ursula Mocniak * Joan Zaleski * Catherine and Charles J. Sehy * Madeline Galka * Stanislaw Andrychowski * Grazyna Pawlak * Gillen Family * Christina Donovan * Blythe Fickenwirth * Irene Monahan * Jody Breitfeller * Benjamin Gonzalez * Dominique Tirado * Diana Perniciaro * Sammy * Brodie * Bob Rozanski * Dolline Welch * Joe and William Hiskey * Sue Brooks * Cathleen Mickaliger * Joseph Stepnoski * James Kenna * Douglas Clark * Eleanor Nystrom * Margaret McCarthy * Jan Suchta * Justin * Mike Smithwick * Dakota Harmon * Courtney Altman * Cole Faller * Claire Latour * Halikias Family * Liana Forstein * Rosemary & Daniel Ambrosini * Thomas Ryall * Anne Marie Donlon * Dorothy Sousa * Anthony Naglieri * Thomas McEnany * Mary Khulman * Denise Babinski * Michael Alperti * Roseanne Murphy * Barbara Kozlowski * James West * Elizabeth Farruggia * Kelly Wine * Mary Van Duesen * Thomas DeGirolamo * William Berenger * Daria Quarlena * Eileen Borchart * Sheila Nolan * Tom Wisniewski III * Jean Reyes Carroll * Jeffrey Clark * James, George and Barbara Jaeger * Ernest and Alex Aponte * Helen Long * Michael Miglionico * Ralph Conforti * The Barauskus Family * Hope & Brittany Williams * John Marion * Emilia Andrychowski * Augie & Georgianna Lucente * Johanna Benthall * Michelle Giaccone * Gloria Keller * Howard Seifert * Ed Kennedy * Kit Z. * Dolores Contino * Agnes Brown * Connie Giordano * Krzysztof Olszowski * Anders Ryden * Kevin C. Cook * Anita Costi * Doriane Bay * David Vallone * Brittany Schacor * Karen and Kim Finocchiaro * Eleanor Koller * Grace Mary Schulteis * Victor Sechyshyn * George Angle * Marta Andreotta * Melissa Alexandra * Christian Vidal * Suzanne Thompson * Anna Grefe * Anthony Mannino * Marcella Frisen * The Huntley Family * Theresa Puglia * Brian Darmody * Leigh Anne Brown * Dan Modjeska * Judy Zakorski * Marie Miley * Marcjanna Stolarzewicz * John Shuot * Patrick Murphy * Brian Crowley * Louise Pampinello * Barbara Fenn

Please keep all those serving in the military and their families in your thoughts and prayers especially:

1st Lt. Nicholas Santorelli, Nicholas Pelosi, Christopher Drowns, Jeffrey Heppner, James Fleming, Brendan Fitzgerald, Thomas V. D'Auria, Mateusz Marzec, Andre DeRosa and Garrett Bracht

COLLECTIONS

Today, March 10: Sunday and Catholic Relief Services

Next Week, March 17: Sunday and Easter Flowers

Thank you for your generosity!

HOLY WEEK CHOIR

If you are interested in singing for Holy Week, there will be brief 30-minute rehearsals on:

Saturday, March 9—following the 5pm mass
Saturday, March 17—following the 12 noon mass
Saturday, March 23—following the 5pm mass



Christ in our Hearts Saints Lenten Reflections

Mar.10—"O God, open our eyes to know You and place our hope in You, who lift up the humble and lay low the mighty.

Help us and rescue all those who are in trouble."
~Pope St. Clement I

Mar. 11—"Merciful God, wash away my faults and stains with Your precious blood, and give me the protection I need to amend my life and surrender myself wholly to You." ~St. Peter Canisius

Mar. 12—"O sweet Christ, Christ-love, You are the way and the door through which we must enter in order to reach the Father. What more could You give me than to give me Yourself?" ~St. Catherine of Siena

Mar. 13—"My God, I love You above all things and I hate and detest the sins by which I have offended You, because they are displeasing in Your sight, who are supremely good and worthy to be loved."
~St. Francis Xavier

Mar 14—"Lord Jesus, leave us not, forsake us not. We thirst for You, fountain of living water. To Your hands we commend our spirits, now and forever."
~St. Elizabeth Ann Seton

Mar. 15—"I love You, O my God, and my only desire is to love You. And if my tongue cannot say in every moment that I love You, I want my heart to repeat it to You as often as I draw breath."
~St. John Vianney, the Curé of Ars

Mar. 16—"O God, purify me from evil ways and put an end to my evil passions. Unite me more closely to You and lead me safely through death to everlasting happiness with You." ~ St. Thomas Aquinas

LENTEN MISSION TODAY!



Fr. Marcin Cwierz will speak at all the masses the weekend of March 9-10 and present us with our Lenten Mission.

Mon. March 11th & Tues. March 12th.

English 12 Noon & 6:00pm

Polish 1:00pm & 7:00pm

40 Day Lenten Fasting Suggestions

There are actually 46 days in Lent.
Sundays do not count in the “40-days” of Lent



23) Mon – March 11 – A NEW CREATION

How has God been working to create something new in you this Lent? (Isaiah 65:1-2)

24) Tues - March 12 – FEAR NOT

Hand your fear over to God who is with you and give you courage. (Psalm 46:2-3)

25) Wed – March 13 – I CANNOT FORGET YOU

Like a mother, God cannot forget you and will always be with you (Isaiah 49:15)

26) Thurs – March 14 – THE FATHER SENT ME

How might you respond to Jesus’ presence to reveal God to you? (John 5:37-38)

27) Fri – March 15 – FAST FROM IGNORANCE (abstain from meat ages 14-59)

Spend time today learning more about Jesus and His message. (John 7:28-29)

28) Sat – March 16– WHO IS JESUS?

Answer for yourself who you think Jesus is and what He has done. (John 7:40-41)

Join St. Isidore on **MAY 7** as we visit the **Culinary Institute of America** followed by a 2 hr. relaxing paddle boat cruise on the **Pride of the Hudson**.



We begin our day on a private bus leaving St. Isidore parking lot at 7:30am and arrive at the Culinary Institute of America about 11:00am. Recently named one of “**The 56 Prettiest College Campuses in America**” by *Condé Nast Traveler*, CIA’s 170-acre riverside main campus in Hyde Park, NY is the total package for college life with a culinary twist. Enjoy a 3-course luncheon served to you by the students in their beautiful dining room.



After enjoying the experience of the Institute, we continue on to the next part of our day arriving about 2:00pm at the Newburgh Landing in Newburgh, NY to enjoy the two hour paddle boat cruise on the Pride of the Hudson. Your Captain will present a narration of the sights along the River including Mt. Beacon, Bannerman Island, Storm King Mountain, Breakneck Mountain, The Catskill Aqueduct, World's End, Cold Spring, and West Point. Both the top and main decks have a fully stocked bar. After a relaxing day on the water, we return to St. Isidore about 7:00pm.

The cost for this day of adventure is \$235 per person.

Call the rectory at 631-727-2114 to reserve your spot. Payment in full is **due on April 1st**.

FEAST OF ST JOSEPH
(March 19)



St. Alphonsus Liguori says that “After the Mother of God, St. Joseph is, of all Saints, the one dearest to God. He has therefore, great power with Him and can obtain graces for His devout clients.” One of his most devout client was, undoubtedly, St. Teresa of Avila. When she was stricken with paralysis as a young religious she turned to the glorious St. Joseph and obtained a miraculous cure. She named St. Joseph the patron of the Carmelite nuns placing all of her newly founded Carmelite foundations under his protection and providential care, saying that Our Lady would be at one door and St. Joseph would guard the other.

She writes in her **Book of her Life**, “Because of my impressive experience of the good this glorious saint obtains from God, I had the desire to persuade all to be devoted to him. I have not known anyone truly devoted to him and rendering him special services who has not advanced more in virtue. For in a powerful way, he benefits souls who recommend themselves to him. It seems to me that for some years now I have asked him for something on his feast day, and my petition is always granted. If the request is somewhat out of line, he rectifies it for my greater good. If I were a person who had authority for writing, I would willingly and in a very detailed way enlarge upon what I am saying about the favors this glorious saint did for me and for others.” Let us then, hasten with confidence to the good St. Joseph, that we may find help in all of our necessities.

St. Teresa asked her nuns to pray for the members of the hierarchy of the Church and for preachers. She states that we could help Our Lord as much as possible who is so roughly treated by those whom He has done so much good; it seems these traitors would want him to be crucified again and again and that He has no place to lay His head...the world is all in flames, men want to crucify the Lord again and bring a thousand false witnesses against Him; they want to ravage His church...this is not the time to be discussing with God matters that have little importance. “We are to take up our cross, and if we stumble, do not draw back from the cross or abandon it. Let us be encouraged that these are the times to become great saints! May we be united in prayer and in love for our Good Jesus, through the Sorrowful and Immaculate Heart of Mary!”

PRAYER TO ST. JOSEPH IN EVERY DIFFICULTY

With childlike confidence I present myself before you, O Holy Joseph, faithful foster-father of Jesus! I beg your compassionate intercession and support in this, my present necessity. I firmly believe that you are most powerful near the throne of God, who chose you for the reputed Father of His well-beloved Son, Christ Jesus. O blessed saint, you saved that Treasure of Heaven, along with His virginal Mother, from the rage of His enemies, did with untiring industry supply His earthly wants and with paternal care accompany and protect Him in all the journeys of His childhood, take me also, for the love of Jesus, as your child. Assist me in my present difficulty with your prayers before God. The infinite goodness of our Savior Who honored and loved you as His father upon earth, cannot refuse you any request now in heaven. Ah, how many pious souls have sought help from you in their needs, and have experienced to their joy, how good, how mild, how ready to assist you are! How quickly you turn to those who call upon you with confidence! How powerful you are in bringing help and restoring joy to anxious and dejected hearts. Therefore, do I fly to you, O most chaste spouse of Mary!

Good Saint Joseph, I pray by the burning love you had for Jesus and Mary upon earth, console me in my distress, and present my petition through Jesus and Mary before the throne of God! One word from you will move my good Savior to bless me and to console my afflicted soul. Then most joyfully shall I praise Him and you, most earnest will be my thanksgivings! Amen.

MEMORARE TO ST JOSEPH

Remember, O most pure spouse of the Blessed Virgin Mary, my sweet protector, St. Joseph, that no one has ever had recourse to your aid without obtaining relief. Confiding in your goodness, I come to you and humbly supplicate you. Despise not my petitions, O foster-father of the Redeemer, but graciously hear them, Amen.

CONSECRATION TO THE MOST CHASTE HEART OF ST. JOSEPH

Most Chaste Heart of St. Joseph, protect and defend my family against every evil and danger. Most Chaste Heart of St. Joseph, pour on all humanity the graces and virtues of our most Chaste Heart. Saint Joseph, I really entrust myself to you. I consecrate to you my soul and my body, my heart and all my life. St. Joseph, defend the devotion to the Sacred Heart of Jesus and to the Immaculate Heart of Mary. With the graces of your most Chaste Heart, destroy the plans of satan, bless the entire Holy Church, the Pope, the Bishops, and Priests of the entire world. We consign ourselves to you with love and trust, now and forever. Amen!

THE GOLDEN ARROW PRAYER

May the most holy, most sacred, most adorable, most incomprehensible and ineffable Name of God be always praised, blessed, loved, adored, and glorified, in Heaven, on earth and in the hells, by all the creatures of God and by the Sacred Heart of Our Lord Jesus Christ.

7 Steps to Accepting Suffering

(Spiritualdirection.com)

ENTER

Enter into God's presence. Come before Him and beg Him for the grace to understand your suffering and to lean into it—for the sake of your salvation and those whom the Lord has placed under your care.

REFLECT

Reflect painfully on which life events or circumstances have been causing you pain, whether emotional, physical or spiritual. Identify how long you have been carrying this cross.

NAME

Name the suffering you have been experiencing. Is it disappointment? Failure? Grief? Loneliness? Anxiety? Illness? Desperation? Depression? You may name one or perhaps a litany of sufferings. It is often helpful to write these down and get them out of your head onto a piece of paper.

ACKNOWLEDGE

Acknowledge these sufferings before God. Pray something like this from your heart: "Lord, I know you are present to me. These are the sufferings that I have experienced over the last (year/month/day/week/etc.). I know you have not left me alone in all of this."

ACCEPT

Accept these sufferings. This must be done by one's self alone, in the spirit of prayer and resignation. What is better, although harder, is to *embrace* one's sufferings. Pray, "in Jesus' name I accept (embrace) these sufferings" and name them once again.

OFFER UP

Offer up to God each of the specific sufferings that you have just reflected on, named, and accepted. This is the key. *A person cannot offer up what they have not accepted.* You cannot give up what you don't own, and acceptance indicates possession and ownership. Once you can pray, "Lord, I offer You all these sufferings (which can be named again) which I have just accepted," *your sufferings have now become sacrifices.* You might say, "Lord, these are my sacrifices given to you. I offer them for (people or situations you desire to offer your sufferings for). I join them with the sufferings of Christ for my salvation, and those whom I love."

RECOGNIZE

Recognize that although you are really only offering God a mite, God Himself will multiply and magnify your humble gift. He will pour it out upon the needs closest to your heart and upon the entire world in the abundance of His grace. In this mysterious and marvelous way, you participate in the Lord's redemption of His people and the restoration of all things under Jesus Christ.

A LASTING PEACE

This powerful process can be done at any time. However, know that when you offer your sacrifices and sufferings during the Offertory at Mass—which is what we should be doing at that point in every Mass—there is a powerful opportunity to be a catalyst for an outpouring of grace. This has an immediate effect on a soul who worthily receives the Eucharist after offering up their personally accepted sufferings.

Having taken these steps, you can be absolutely certain that while the suffering may remain, you are no longer alone and that God is with you in your struggles. God responds by granting the grace of the peace of Christ. Now we must receive and guard this peace as Jesus said, "*My peace I leave with you, my peace I give to you, not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.*" (Jn 14:27)

Recall that Jesus taught, "*Come to me, all you who are weary and find life burdensome, and I will refresh you. Take my yoke upon your shoulders and learn from me, for I am gentle and humble of heart. Your souls will find rest, for my yoke is easy and my burden light.*" (Mat 11:28-30) This is because Jesus is now yoked with you to help carry the load of your suffering.

You may find that you are unable to make an act of acceptance on your own. In this case, you can ask God for help when you pray, "Lord, help me to accept these sufferings which I desire to offer up to you." God, who is generous and knows your limitations, will always assist you.